

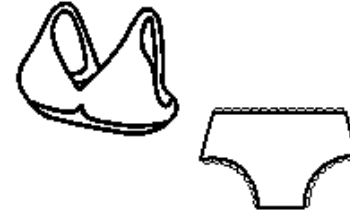
To get ready for swimming I should



1. Get my towel and swimming costume out



2. Get undressed



3. Take my underwear off

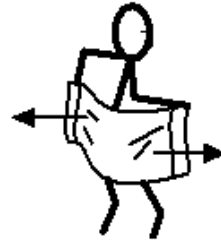


4. Put my swimming costume on

After swimming I should



1. Take my swimming costume off



2. Dry myself with my towel



3. Put my bra and knickers on



4. Put my trousers on



5. Put my top on



6. Put my socks on

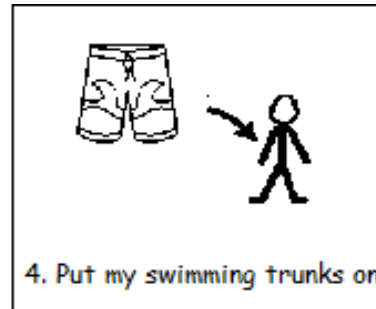
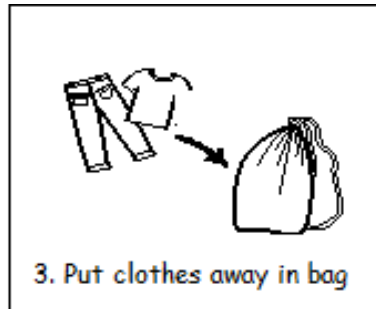
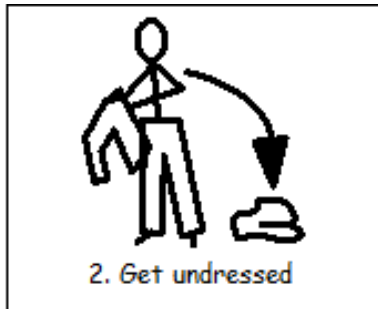
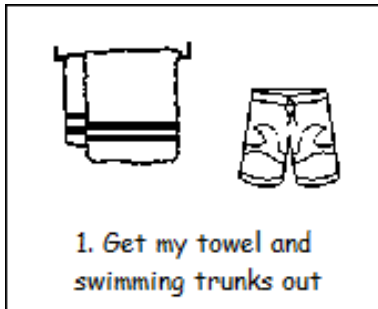


7. Put my shoes on



8. Put my swimming costume and towel in my bag

To get ready for swimming I should



After swimming I should

